



KIDS

Healthier Choices

Skip the pop, ask for water or milk ✓

Substitute your side dish with applesauce, salad or fresh veggies ✓



FLUFFY TWO EGG OMELETTE

Your choice of one filling: cheddar, bacon or premium glazed ham. 🍁 Served with toast and your choice of savory diced hashbrowns, fritters or fruit 6.59

Each additional filling Add 0.49

JUNIOR DELIGHT

Two mini cakes, one egg and bacon 6.59

Change bacon to premium glazed ham 🍁 or one signature Humpty banger **RWA** Add 0.49



GOLDEN EGG PLATTER

One egg and bacon, served with toast and your choice of savory diced hashbrowns, fritters or fruit 6.59

Change bacon to premium glazed ham 🍁 or one signature Humpty banger **RWA** Add 0.49

TODDLERS

For little ones under two. Mashed potatoes and gravy or two mini cakes or applesauce ✓ or a nappie of soup with crackers (with an adult entrée purchase) FREE

Did you know our french fries and our fritters are made from potatoes grown by Canadian farmers?

We have marked throughout the menu symbols which indicate menu items that are Canadian Farm Raised, meet Oceanwise standards, are a Healthier Choice, or are Raised Without Antibiotics.

RWA Raised Without Antibiotics

 Humpty's Signature Item

✓ Healthier Choice

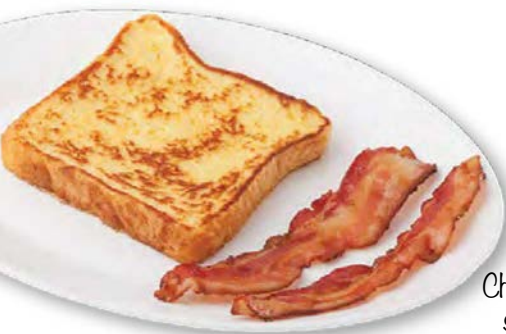
 Oceanwise

🍁 Canadian Farm Raised



M&M PANCAKE

One large happy cake with M&M's and whipped topping 6.59



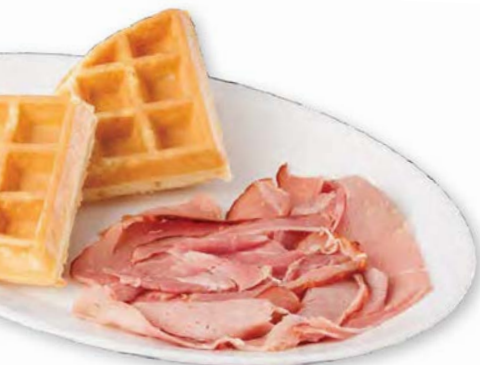
MOTHER GOOSE TOAST

One slice of French toast and bacon 6.59

Change bacon to premium glazed ham 🍁 or one signature Humpty banger **RWA** Add 0.49

MINI CAKES

Five mini cakes topped with your choice of strawberries, blackberries, peaches, mixed berries or blueberries and whipped topping 6.59



WONDERLAND WAFFLE

A super thick half waffle and bacon 6.59

Change bacon to premium glazed ham 🍁 or one signature Humpty banger **RWA** Add 0.49

FRUITFULLY FRENCH OR FRUIT CAKE

One slice of French toast or one large pancake with creamy filling and your choice of strawberries, blackberries, peaches, mixed berries or blueberries 6.59



CHICKEN FINGERS

Two chicken fingers with plum
or honey mustard sauce
for dipping 7.59



GRILLED CHEESE

A favorite made with
processed cheddar slices 7.59



BATTERED COD

One piece served with
tarter sauce 7.59



CHEESEBURGER

Served plain with a slice of
processed cheddar 7.59



3 CHEESE PIZZA

Mozza, cheddar and
Parmesan cheese 7.59
With pineapple and
premium glazed ham Add 0.99

Enjoy one of the following sides with any of the above meals. Fresh veggies, ✓
spicy fries, fries, soup, Caesar, garden salad ✓ or applesauce. ✓
Upgrade your side to our creamy Mac and Cheese Add 0.49



CRISPY CHICKEN BACON RANCH WRAP

With lettuce, cheddar and
your choice of one side, spicy fries,
fries, soup, Caesar, garden salad, ✓
fresh veggies ✓ or applesauce ✓ 7.59



HUMPTYSGHETTI

Noodles topped with meatballs and tomato
sauce. Sprinkled with Parmesan and
served with a slice of garlic toast 7.59

MAC AND CHEESE

Macaroni tossed in a
creamy cheddar cheese sauce.
Served with a slice of garlic toast 7.59
With bacon Add 0.99



APPY COMBO

Pizza perogies and
mozza stix with marinara for dipping.
Served with a celery stick
and a carrot stick 7.59

BBQ CHICKEN DINNER

Yummy chicken 🍁 breast glazed with BBQ
sauce. Served with garlic toast and your
choice of two sides: Caesar salad, corn,
fries or mashed potato and gravy 9.59



DRINKS & DESSERTS

A small pop, iced tea, milk or juice with the purchase of any kid's meals
(includes refills on pop and iced tea only) **FREE**

(without a meal purchase) **Add 1.89**

Upgrade to a Lemonade Mix Up, Shelly Temple or Kid's Float **Add 0.80**

KID'S FLOAT

A scoop of vanilla ice-cream
and your choice of pop **2.69**



SHELLY TEMPLE

Orange juice, Sprite and
strawberry syrup **2.69**



LEMONADE MIX UP

Sweet tangy lemonade with a twist,
your choice of strawberry or raspberry **2.69**



M&M ICE CREAM SUNDAE

A scoop of creamy vanilla ice-cream
topped with chocolate syrup,
M&M's and whipped topping **2.99**



FRUITY ICE CREAM SUNDAE

Creamy vanilla ice-cream
topped with your choice of
strawberries, blackberries, peaches,
mixed berries or blueberries,
and whipped topping **2.99**

MAY NOT BE EXACTLY AS ILLUSTRATED



KIDS EAT FREE

Join us Fridays 5pm to 9pm, kids 10 and under eat FREE!



Enjoy any entrée from our kids menu absolutely free with the purchase of one entrée valued at \$11.00 or more from our regular priced full menu! One child per adult.
Not valid combined with any other offer or promotion.

BIRTHDAYS AT HUMPTY'S

Celebrate with us on your birthday and enjoy a Happy Birthday entrée and drink or a Kid's Sundae absolutely **FREE**.
Present ID to server with proof of birthdate. Not valid with any other offer or promotion.



Humpty's time is family time! At Humpty's we are focused on our guests and we know that many of these guests are great families. Whether your family includes mom, dad, grandma or grandpa, a best friend or neighbour down the street, we are celebrating all families and encourage you to bring yours in today.

Are you on Twitter or Facebook? We are! If you haven't found us yet give us a follow @HumptysOfficial. Keep up with all the happenings at Humpty's Family Restaurants. Be the first to know about promotions, contests, features or specials!



One point for each dollar spent, visit us online or download the Guest Rewards App for details.



**no cards
no numbers
no hassle
just savings**

Kids 10 and under ONLY NO GROWN UPS ALLOWED

We are excited to share our newest interactive game with you, 'Scramble Kids'. Mom and Dad can feel good knowing this family friendly App has been designed just for you. The App has different components, levels of play, and is compatible with most mobile devices. Download your version today!



visit us online
www.humptys.com

