



Breakfast • Burgers • Dinner



BENNIES

Poached eggs the way you like, topped with our rich and creamy hollandaise on a grilled English muffin. Served with your choice of one of the following sides: potato fritters, savory diced hashbrowns, shredded hashbrowns, or tomato slices. + Humpty Size (Make it Triple) 4.99
+ Sub your side for perogies or fruit 2.99

BLACKSTONE Tomato and bacon. 17.25

VEGGIE Tomato and fresh, made-in-house guacamole. 17.25

TRADITIONAL Black Forest ham. 17.25



OMELETTES

Our omelettes are made with three fresh Canadian Grade A eggs and filled with your favourite ingredients. Served with toast and your choice of one of the following sides: potato fritters, savory diced hashbrowns, shredded hashbrowns or tomato slices. Substitute your toast and side for three pancakes at no extra charge. + Sub your side for perogies or fruit 2.99

CHEESE

Three fresh grade A eggs filled with our tri-cheese blend. 15.25
+ ham, bacon or sausage 2.25

VEGGIE

Three fresh grade A eggs filled with mushrooms, peppers, tomatoes & onions. 17.50

FARMERS

Three fresh grade A eggs filled with ham, mushrooms, tomatoes, peppers, onion, our tri-cheese blend and topped with a strip of maple bacon. 18.75



ORIGINAL FAVOURITES

Original Favourites are served with your choice of toast and one of our sides: potato fritters, savory diced hashbrowns, shredded hashbrowns or tomato slices. Substitute your toast and side for three pancakes at no extra charge.
+ Sub your side for perogies or fruit 2.99

TWO EGGS AND TOAST 8.99

With choice of side. 11.50

TWO EGGS WITH BACON, BANGERS, OR HAM

Choice of Black Forest ham, bangers, or bacon. 14.75

TWO EGGS AND FARMERS SAUSAGE

With choice of side. 16.75

BIG PLATE BREAKFAST FAVOURITES

Big Plate Breakfast Favourites (except Quesadilla) are served with your choice of toast and one of our sides: potato fritters, savory diced hashbrowns, shredded hashbrowns or tomato slices. Substitute your toast and side for three pancakes at no extra charge (two for smaller meal options).
+ Sub your side for perogies or fruit 2.99

STEAK AND EGGS

A 8 oz charbroiled AAA top sirloin steak and two eggs. 22.95
+ sautéed garlic mushrooms 2.50

EGGS QUESADILLA

Maple bacon, tri-cheese blend, peppers, tomatoes and scrambled eggs layered between two tortillas grilled to perfection and served with salsa, sour cream and your choice of side. 17.25

One size smaller 14.95

+ made-in-house guacamole 3.25

COWBOY BREAKFAST

Two of each: eggs, maple bacon, bangers and Black Forest ham. 18.25

One size smaller 14.50

+ Humpty size it! (add an additional egg) 2.50

PEROGY, EGG AND SAUSAGE PLATTER

Three eggs, six perogies with grilled onions, farmer's sausage or two bangers, and toast. (platter does not include side choice) 19.79



bon appetit





BIG PLATE PAN-SCRAMBLERS

Home of the original pan-scrambler. A spicy cheese sauce tops your choice of one of our tasty combinations served on a bed of savory diced hashbrowns and scrambled eggs. All of our selections are served with toast.

MEAT LOVERS

Maple bacon, ground beef, and Black Forest ham. 18.50
One size smaller 15.95

CANADIAN

Tomato, mushrooms and maple bacon. 18.50
One size smaller 15.95

CHORIZO

Chorizo sausage, tomato and red onion. 18.50
One size smaller 15.95

VEGGIE

Mushrooms, peppers, tomato and red onion. 18.50
One size smaller 15.95

WESTERN

Mushrooms, green onion, peppers and Black Forest ham. 18.50
One size smaller 15.95



FRENCH TOAST

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Three slices of brioche French toast served with butter and syrup. 12.75

FRENCH TOAST WITH FRUIT

Three slices of brioche French toast topped with strawberry or mixed berry topping. 15.25

TRIPLE BERRY FRENCH TOAST

Brown sugar-brioche-berry French toast! Three slices of brioche bread dipped in egg with a hint of vanilla and brown sugar grilled until golden brown. Topped with triple berry mix. Served with fresh whipped cream and icing sugar — OMG! 16.99



WAFFLES



BELGIAN WAFFLE

A crispy and light classic, served with butter and syrup. 11.95

BANANA SPLIT WAFFLE

A scrumptious Belgian waffle topped with a scoop of vanilla ice-cream, banana, strawberries, chocolate sauce and fresh whipped cream. 14.95

FRUIT WAFFLE

A Belgian waffle topped with your choice of mixed berry or strawberry topping and fresh whipped cream. 14.95



PANCAKES

STACK OF THREE

Buttermilk pancakes. 11.50

APPLE CRUMBLE CRUNCH

Three buttermilk pancakes topped with warm cinnamon apples, caramel sauce and oatmeal crumble. 15.25
One size smaller 12.95

STACK OF THREE WITH FRUIT

Three buttermilk pancakes topped with fresh whipped cream and your choice of strawberry or mixed berry topping. 15.25
One size smaller 12.75

SIDES

FRUIT BOWL 6.50
One size smaller 5.25

TOAST 3.50

 **BANGERS (2)** 5.50

FARMERS SAUSAGE 5.50

BLACK FOREST HAM 5.50

MAPLE BACON (4 strips) 5.25

 **PEROGIES & SOUR CREAM** 6.50

FRIES or CURLY FRIES 6.29

POTATO FRITTERS or DICED or SHREDDED HASHBROWNS 3.79

GRAVY 2.50


MADE-IN-HOUSE GUACAMOLE 3.25

SAUTÉED GARLIC MUSHROOMS 2.50

 **MAC & CHEESE** 5.75

ONION RINGS 9.95

 Humpty's Signature Item

 Humpty's Bangers are Raised Without Antibiotics





BIG PLATE STARTERS & SHARE PLATES

MOZZA STIX

Crispy battered Mozzarella cheese stix. Served with marinara sauce. 12.25

WINGS

A classic starter, enjoy a pound of our crispy fried chicken wings generously tossed in your choice of hot, sweet bourbon BBQ, salt + pepper, Tex Mex dry rub, or honey garlic sauce. 14.95

POTATO ROUNDS

Baked potato slices fried to a golden brown. Topped with a tri-cheese blend, maple bacon and green onion. Served with salsa and sour cream. 12.95

QUESADILLA

Two soft tortillas layered with grilled chicken breast or Tex Mex ground beef with tomatoes, peppers and a tri-cheese blend. Garnished with spicy jalapeño peppers. Served with salsa and sour cream. 15.25 + guacamole 3.25

NACHOS

Crispy tortilla chips layered with Tex Mex ground beef or grilled chicken breast with peppers, tomatoes, spicy jalapeño peppers, green onion and a tri-cheese blend. Served with salsa and sour cream. 16.75 + guacamole 3.25

SAMPLER

The perfect starter and big enough to share. Chicken wings tossed in your favourite flavour: hot, BBQ, salt + pepper, Tex Mex dry rub, or honey garlic. With Mozza stix, crispy onion tangles and hand battered chicken tenders. Served with sour cream, marinara and plum sauce. 22.00

POUTINE

A true Canadian favourite with fries, real cheese curds and gravy. 10.29

DELUXE TATER POUTINE

Potato fritters, spicy cheese sauce, tomatoes, red onion and sour cream. 10.29

HAND BATTERED CHICKEN TENDERS

Four pieces of premium chicken tenderloin in our secret southern-style recipe. Served with your choice of dipping sauce. 10.29

SOUP + SALADS

All of our meal size salads are served with a slice of garlic bread.

HOMESTYLE SOUP 6.50 One size smaller 5.25

CHEF'S COUNTRY COBB SALAD

Mixed field greens with mushrooms, peppers, tri-cheese blend, maple bacon, grilled chicken breast, Black Forest ham and a hard boiled egg with your choice of dressing. 16.50

CAESAR

Crisp romaine, maple bacon, croutons and Parmesan tossed with creamy Caesar dressing. 11.95 + chicken 4.75

GARDEN

Mixed field greens with red cabbage, carrot, tomato and celery topped with red onion and cucumber with your choice of dressing. 11.95 + chicken 4.75

SANDWICHES

Served with your choice of one of the following: fries, curly fries, garden salad, Caesar or soup.

Upgrade your side to our creamy Mac and Cheese for 2.99 OR a side poutine for 3.99

EXTREME GRILLED CHEESE

A Parmesan crusted sandwich flavoured with garlic. Filled with melted Cheddar, Mozza, American and Swiss. 16.75

DELUXE BLT

Maple bacon, lettuce, tomatoes, avocado slices and mayonnaise on your choice of bread. 14.50
+ Cheddar or Swiss cheese 1.25

STEAK SANDWICH

A 8 oz charbroiled AAA top sirloin steak served on a slice of garlic toast. 21.25 + sautéed garlic mushrooms 2.50

CHICKEN CAESAR WRAP

Crispy chicken tenders with romaine lettuce, Parmesan cheese and Caesar dressing wrapped in a whole wheat tortilla. 16.95

CORNERED BEEF MELT

Deli corned beef brisket with Swiss slices, tomato and mustard. 17.50

BEEF DIP DELUXE

Thinly sliced roast beef piled high on a grilled garlic artisan bun with mayonnaise, topped with a mound of crispy onion tangles and melted Swiss. Served with au jus for dipping. 18.25
Classic Beef Dip 16.75 + sautéed garlic mushrooms 2.50

HUMPTY'S CRISTO

A "triple deck" sandwich layered with Mozza, turkey and Black Forest ham on bread dipped in egg then grilled to perfection. 16.95

CLUBHOUSE

A "triple deck" sandwich with lettuce, tomato, bacon and turkey on your choice of bread with mayonnaise. 16.95
+ Cheddar or Swiss cheese 1.25
+ made-in-house guacamole 3.25



Always Fresh





GOURMET BEEF BURGERS

All gourmet burgers are 6 oz AAA Alberta beef on a sesame bun and served with your choice of one of the following: fries, curly fries, garden salad, Caesar or soup.
Upgrade your side to our creamy Mac and Cheese for 2.99
OR a side poutine for 3.99

M AND M (MUSHROOM AND MOZZARELLA)

Sautéed mushrooms and Mozzarella with lettuce, tomato, red onion, dill pickle and mayonnaise. 17.75

COWBOY

Sweet bourbon BBQ sauce, Cheddar cheese, crispy onion tangles, maple bacon with lettuce, tomato, pickles and mayonnaise. 17.75

HUMPTY'S ORIGINAL DELUXE (BpD)

Double Cheddar, maple bacon, sautéed mushrooms, lettuce, tomato, red onion, pickles and mayonnaise. 17.75

CALIFRESCO

Double Swiss cheese, made-in-house guacamole, maple bacon with lettuce, red onion and mayonnaise. 17.75

CHICKEN & VEGGIE BURGERS

All burgers served on a sesame bun with your choice of one of the following: fries, curly fries, garden salad, Caesar or soup.
Upgrade your side to our creamy Mac and Cheese for 2.99
OR a side poutine for 3.99

CALIFRESCO CHICKEN

6 oz grilled chicken breast with Swiss cheese, made-in-house guacamole, maple bacon with lettuce, tomato and mayonnaise. 17.75

NASHVILLE CRUNCH CHICKEN

Hand-battered fried chicken pieces tossed in hot sauce with Cheddar cheese, lettuce, pickles and mayonnaise. 17.75

HUMPTY'S STYLE VEGGIE

Humpty's own 100% plant-based 5oz patty, lettuce, tomato, onions and mayonnaise. 15.99
+ made-in-house guacamole 3.25



Cowboy Beef Burger



Nashville Crunch Chicken Burger





Since 1977, *Humpty's Family Restaurant has been serving guests across the Canadian Prairies delicious breakfast, lunch and dinner comfort food.*

Over time, Humpty's has evolved to meet the needs of our valued guests and our Big Plate Diner menu is our latest reflection of this — bringing you fresh, high quality, "diner style" meals that will leave you full and satisfied. Whether you try one of our famous pan scramblers, our new fresh never frozen burgers, or our new hand-battered to order chicken tenders — we know you'll enjoy it!



ALL-TIME FAVOURITES



HOMESTYLE TURKEY DINNER

Slow roasted turkey breast served with made-from-scratch rosemary focaccia apple stuffing, seasonal fresh vegetables, fresh mashed potatoes, poultry gravy, and cranberry sauce. 21.49

One size smaller 18.49

SLOW ROASTED POT ROAST

Fall apart tender beef that's slow cooked in our kitchen with fresh seasonal vegetables and fresh mashed potatoes. 21.49

One size smaller 18.49

HUNTER VEAL

A generous portion of lightly breaded veal cutlets topped with sautéed mushrooms, green onion and gravy. Served with your choice of 2 sides. 18.75

One size smaller 15.50

SALISBURY STEAK

Charbroiled 6 oz premium AAA Alberta beef patties with sautéed mushrooms, grilled red onion and gravy. Served with your choice of 2 sides. 19.25

One size smaller 15.95

8 oz TOP SIRLOIN DINNER

An 8 oz charbroiled AAA top sirloin steak served with your choice of 2 sides. 22.95

GRILLED LIVER & ONIONS

Tender breaded grilled beef liver with gravy, sautéed onions and maple bacon. Served with seasonal fresh vegetables and fresh mashed potatoes. 18.99

One size smaller 16.49



MAIN ATTRACTIONS



HAND-BATTERED FISH AND CHIPS

Two pieces of lightly battered cod fillets. Served with coleslaw, fries, tartar sauce and lemon. 18.50

One size smaller 15.50

MADE-IN-HOUSE LASAGNA

Homestyle Italian meat sauce, loaded with Ricotta and Mozzarella, between fresh layered lasagna noodles. Oven baked, topped with shredded Parmesan and Mozzarella. Served with garlic bread and caesar salad. 20.99

FETTUCCHINE (ALFREDO OR BOLOGNESE)

Fettuccine with alfredo or made-in-house bolognese sauce. Served with garlic bread. 14.95

+ grilled chicken breast 4.75

SOUTHERN-STYLE CHICKEN TENDERS

Six pieces of premium chicken tenderloin, hand-battered in our secret southern-style recipe. Served with your choice of dipping sauce, coleslaw and crispy fries. 18.79

One size smaller (four pieces) 16.79

MADE-IN-HOUSE CHICKEN SCHNITZEL

Hand-breaded and fried to golden brown. Served with Bavarian style red cabbage and fresh mashed potatoes. 18.99



CHOICE OF SIDES:

Humpty's Style Garlic Seasoned Potatoes | Fresh Mashed Potatoes and Gravy | Coleslaw | Seasonal Fresh Vegetables | Tomato Slices





DESSERTS

SUNDAE

A scoop of vanilla ice-cream with your choice of strawberry or mixed berry topping or your choice of caramel or chocolate sauce. 4.25

FRUIT CRUMBLE

Our special apple and tri-berry crumble with a crunchy topping served with vanilla ice cream. 7.00

SLICE OF PIE

The best homestyle seasonal pie. Ask your server for todays choices. 7.00



🍷 CHEESECAKE

Three scoops of creamy cheesecake filling finished with your choice of mixed berry or strawberry topping topped with a light graham crumb mix. 6.95
Treat size 3.95



DRINKS

TEA 3.25

HERBAL TEA

Ask your server for available selection. 3.50

HOT CHOCOLATE

Rich and creamy topped with whipped cream and drizzled with chocolate sauce. 3.50

JUICE

Apple, Orange, Cranberry Cocktail, Ruby Red Grapefruit or Tomato. Regular (12 oz) 4.50 Humpty size (20 oz) 5.50

WHITE OR CHOCOLATE MILK

Regular (12 oz) 4.50 Humpty size (20 oz) 5.50

FLOAT

Ask your server about our great selections, all are finished with our creamy vanilla ice-cream. 4.50

COCA-COLA FOUNTAIN DRINKS

Bottomless with meals. 3.75

LEMONADE OR ICED TEA

Bottomless with meals. 3.95

DASANI WATER 3.50

🍷 FRUIT SMOOTHIE SHAKE-UP

An original favourite with milk, vanilla ice-cream, honey, orange juice and your choice of strawberries or mixed berries. 6.95

MILKSHAKE

Rich, creamy hand-dipped vanilla ice-cream shakes with your choice of strawberry, chocolate or vanilla. 6.50



But first
dessert



