



*Breakfast • Burgers • Dinner*



## BENNIES

Poached eggs the way you like, topped with our rich and creamy hollandaise on a grilled English muffin. Served with your choice of one of the following sides: potato fritters, savory diced hashbrowns, shredded hashbrowns, or tomato slices. + Humpty Size (Make it Triple) 4.99  
+ Sub your side for perogies or fruit 3.50

**BLACKSTONE** Tomato and bacon. 17.99

**VEGGIE** Tomato and fresh, made-in-house guacamole. 17.25

**TRADITIONAL** Black Forest ham. 17.99



## OMELETTES

Our omelettes are made with three fresh Canadian Grade A eggs and filled with your favourite ingredients. Served with toast and your choice of one of the following sides: potato fritters, savory diced hashbrowns, shredded hashbrowns or tomato slices. Substitute your toast and side for three pancakes at no extra charge. + Sub your side for perogies or fruit 3.50

**CHEESE**  
Three fresh grade A eggs filled with our tri-cheese blend. 15.50  
+ ham, bacon or sausage 2.25

**VEGGIE**  
Three fresh grade A eggs filled with mushrooms, peppers, tomatoes & onions. 17.50

**FARMERS**  
Three fresh grade A eggs filled with ham, mushrooms, tomatoes, peppers, onion, our tri-cheese blend and topped with a strip of maple bacon. 18.99



## ORIGINAL FAVOURITES

Original Favourites are served with your choice of toast and one of our sides: potato fritters, savory diced hashbrowns, shredded hashbrowns or tomato slices. Substitute your toast and side for three pancakes at no extra charge.  
+ Sub your side for perogies or fruit 3.50

**TWO EGGS AND TOAST** 8.99  
With choice of side. 11.50

**TWO EGGS WITH BACON, BANGERS, OR HAM**  
Choice of Black Forest ham, bangers, or bacon. 14.99

**TWO EGGS AND FARMERS SAUSAGE**  
With choice of side. 16.75

## BIG PLATE BREAKFAST FAVOURITES

Big Plate Breakfast Favourites (except Quesadilla) are served with your choice of toast and one of our sides: potato fritters, savory diced hashbrowns, shredded hashbrowns or tomato slices. Substitute your toast and side for three pancakes at no extra charge (two for smaller meal options).  
+ Sub your side for perogies or fruit 3.50

**STEAK AND EGGS**  
A 8 oz charbroiled AAA top sirloin steak and two eggs. 24.95  
+ sautéed garlic mushrooms 2.50

**EGGS QUESADILLA**  
Maple bacon, tri-cheese blend, peppers, tomatoes and scrambled eggs layered between two tortillas grilled to perfection and served with salsa, sour cream and your choice of side. 17.25  
One size smaller 14.95  
+ made-in-house guacamole 3.25

**YEE HAW! COWBOY BREAKFAST**  
Two of each: eggs, maple bacon, bangers and Black Forest ham. 18.75  
One size smaller 14.75  
+ Humpty size it! (add an additional egg) 2.50

**PEROGY, EGG AND SAUSAGE PLATTER**  
Three eggs, six perogies with grilled onions, farmer's sausage or two bangers, and toast. (platter does not include side choice) 19.99



*bon appetit*





## BIG PLATE PAN-SCRAMBLERS

Home of the original pan-scrambler. A spicy cheese sauce tops your choice of one of our tasty combinations served on a bed of savory diced hashbrowns and scrambled eggs. All of our selections are served with toast.

### MEAT LOVERS

Maple bacon, ground beef, and Black Forest ham. 19.95  
One size smaller 16.45

### CANADIAN

Tomato, mushrooms and maple bacon. 18.99  
One size smaller 15.95

### VEGGIE

Mushrooms, peppers, tomato and red onion. 18.50  
One size smaller 15.95

### WESTERN

Mushrooms, green onion, peppers and Black Forest ham. 18.99  
One size smaller 15.95



## FRENCH TOAST

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Three slices of brioche French toast served with butter and syrup. 12.75

### FRENCH TOAST WITH STRAWBERRY TOPPING

Three slices of brioche French toast topped with strawberry topping. 15.49



## WAFFLES

FRESH,  
MADE TO  
ORDER!

### BELGIAN WAFFLE

A crispy and light classic, served with butter and syrup. 11.95

### BANANA SPLIT WAFFLE

A scrumptious Belgian waffle topped with a scoop of vanilla ice-cream, banana, strawberries, chocolate sauce and fresh whipped cream. 14.95

### FRUIT WAFFLE

A Belgian waffle topped with strawberry topping and fresh whipped cream. 14.95



## PANCAKES

### STACK OF THREE

Buttermilk pancakes. 11.50

### STACK OF THREE WITH FRUIT

Three buttermilk pancakes topped with fresh whipped cream and strawberry topping. 15.25  
One size smaller 12.75

## SIDES

**FRUIT BOWL** 6.50  
One size smaller 5.25

**TOAST** 3.50

MEAT **BANGERS (2)** 5.50

**FARMERS SAUSAGE** 5.50

**BLACK FOREST HAM** 5.50

**MAPLE BACON (4 strips)** 5.25

VEG **PEROGIES & SOUR CREAM** 6.50

**FRIES or CURLY FRIES** 6.29

**POTATO FRITTERS or DICED or SHREDDED HASHBROWNS** 3.79

**GRAVY** 2.50

**MADE-IN-HOUSE GUACAMOLE** 3.25

**SAUTÉED GARLIC MUSHROOMS** 2.50

**ONION RINGS** 9.95

MEAT Humpty's Signature Item

VEG RWA Humpty's Bangers are Raised Without Antibiotics





## BIG PLATE STARTERS & SHARE PLATES

### MOZZA STIX

Crispy battered Mozzarella cheese stix. Served with marinara sauce. 12.25

### QUESADILLA

Two soft tortillas layered with grilled chicken breast or Tex Mex ground beef with tomatoes, peppers and a tri-cheese blend. Garnished with spicy jalapeño peppers. Served with salsa and sour cream. 15.25  
**+ guacamole** 3.25

### POUTINE

A true Canadian favourite with fries, real cheese curds and gravy. 10.29

### DELUXE TATER POUTINE

Potato fritters, spicy cheese sauce, tomatoes, red onion and sour cream. 10.29

### HAND BATTERED CHICKEN TENDERS

Four pieces of premium chicken tenderloin in our secret southern-style recipe. Served with your choice of dipping sauce. 11.49

### WINGS

A classic starter, enjoy a pound of our crispy fried chicken wings generously tossed in your choice of hot, sweet bourbon BBQ, salt + pepper, Tex Mex dry rub, or honey garlic sauce. 15.95



## SOUP + SALADS

All of our meal size salads are served with a slice of garlic bread.

**HOMESTYLE SOUP** 6.50 One size smaller 5.25

### CHEF'S COUNTRY COBB SALAD

Mixed field greens with mushrooms, peppers, tri-cheese blend, maple bacon, grilled chicken breast, Black Forest ham and a hard boiled egg with your choice of dressing. 17.50

### CAESAR

Crisp romaine, maple bacon, croutons and Parmesan tossed with creamy Caesar dressing. 11.95 **+ chicken** 4.75

### GARDEN

Mixed field greens with red cabbage, carrot, tomato and celery topped with red onion and cucumber with your choice of dressing. 11.95 **+ chicken** 4.75

## SANDWICHES

Served with your choice of one of the following: fries, curly fries, garden salad, Caesar or soup. Upgrade your side to a side poutine for 3.99

### EXTREME GRILLED CHEESE

A Parmesan crusted sandwich flavoured with garlic. Filled with melted Cheddar, Mozza, American and Swiss. 16.99

### DELUXE BLT

Maple bacon, lettuce, tomatoes, avocado slices and mayonnaise on your choice of bread. 14.75  
**+ Cheddar or Swiss cheese** 2.29

### STEAK SANDWICH

A 8 oz charbroiled AAA top sirloin steak served on a slice of garlic toast. 24.25  
**+ sautéed garlic mushrooms** 2.50

### CHICKEN CAESAR WRAP

Crispy chicken tenders with romaine lettuce, Parmesan cheese and Caesar dressing wrapped in a whole wheat tortilla. 16.95

### BEEF DIP DELUXE

Thinly sliced roast beef piled high on a grilled garlic artisan bun with mayonnaise, topped with a mound of crispy onion tanglers and melted Swiss. Served with au jus for dipping. 19.99  
**Classic Beef Dip** 17.99  
**+ sautéed garlic mushrooms** 2.50

### HUMPTY'S CRISTO

A "triple deck" sandwich layered with Mozza, turkey and Black Forest ham on bread dipped in egg then grilled to perfection. 16.95

### CLUBHOUSE

A "triple deck" sandwich with lettuce, tomato, bacon and turkey on your choice of bread with mayonnaise. 17.99  
**+ Cheddar or Swiss cheese** 2.29  
**+ made-in-house guacamole** 3.25



Always Fresh





## GOURMET BEEF BURGERS

All gourmet burgers are 6 oz AAA Alberta beef on a sesame bun and served with your choice of one of the following: fries, curly fries, garden salad, Caesar or soup.  
Upgrade your side to a side poutine for 3.99

### M AND M (MUSHROOM AND MOZZARELLA)

Sautéed mushrooms and Mozzarella with lettuce, tomato, red onion, dill pickle and mayonnaise. 18.99

### COWBOY

Sweet bourbon BBQ sauce, Cheddar cheese, crispy onion tangles, maple bacon with lettuce, tomato, pickles and mayonnaise. 18.99

### HUMPTY'S ORIGINAL DELUXE (BPD)

Double Cheddar, maple bacon, sautéed mushrooms, lettuce, tomato, red onion, pickles and mayonnaise. 18.99

### CALIFRESCO

Double Swiss cheese, made-in-house guacamole, maple bacon with lettuce, red onion and mayonnaise. 18.99

## CHICKEN & VEGGIE BURGERS

All burgers served on a sesame bun with your choice of one of the following: fries, curly fries, garden salad, Caesar or soup.  
Upgrade your side to a side poutine for 3.99

### CALIFRESCO CHICKEN

6 oz grilled chicken breast with Swiss cheese, made-in-house guacamole, maple bacon with lettuce, tomato and mayonnaise. 18.49

### NASHVILLE CRUNCH CHICKEN

Hand-battered fried chicken pieces tossed in hot sauce with Cheddar cheese, lettuce, pickles and mayonnaise. 18.49

### HUMPTY'S STYLE VEGGIE

Humpty's own 100% plant-based 5oz patty, lettuce, tomato, onions and mayonnaise. 16.29

+ made-in-house guacamole 3.25



Cowboy Beef Burger



Nashville Crunch Chicken Burger





**Since 1977,** *Humpty's Family Restaurant has been serving guests across the Canadian Prairies delicious breakfast, lunch and dinner comfort food.*

*Over time, Humpty's has evolved to meet the needs of our valued guests and our Big Plate Diner menu is our latest reflection of this — bringing you fresh, high quality, "diner style" meals that will leave you full and satisfied. Whether you try one of our famous pan scramblers, our new fresh never frozen burgers, or our new hand-battered to order chicken tenders — we know you'll enjoy it!*



## ALL-TIME FAVOURITES



### **HOMESTYLE TURKEY DINNER**

Slow roasted turkey breast served with made-from-scratch rosemary focaccia apple stuffing, seasonal fresh vegetables, fresh mashed potatoes, poultry gravy, and cranberry sauce. 23.49

**One size smaller** 19.49

### **HUNTER VEAL**

A generous portion of lightly breaded veal cutlets topped with sautéed mushrooms, green onion and gravy. Served with your choice of 2 sides. 18.75

**One size smaller** 15.50

### **SALISBURY STEAK**

Charbroiled 6 oz premium AAA Alberta beef patties with sautéed mushrooms, grilled red onion and gravy. Served with your choice of 2 sides. 19.25

**One size smaller** 15.95

### **8 oz TOP SIRLOIN DINNER**

An 8 oz charbroiled AAA top sirloin steak served with your choice of 2 sides. 24.99

### **GRILLED LIVER & ONIONS**

Tender breaded grilled beef liver with gravy, sautéed onions and maple bacon. Served with seasonal fresh vegetables and fresh mashed potatoes. 19.99

**One size smaller** 17.49



## MAIN ATTRACTIONS



### **HAND-BATTERED FISH AND CHIPS**

Two pieces of lightly battered cod fillets. Served with coleslaw, fries, tartar sauce and lemon. 18.99

**One size smaller** 15.99

### **CHICKEN FETTUCCINE ALFREDO**

Fettuccine with creamy alfredo sauce and topped with grilled chicken breast. Served with garlic bread. 19.99



### **SOUTHERN-STYLE CHICKEN TENDERS**

Six pieces of premium chicken tenderloin, hand-battered in our secret southern-style recipe. Served with your choice of dipping sauce, coleslaw and crispy fries. 19.79

**One size smaller (four pieces)** 16.79



*bon appetit*





## DESSERTS

### SUNDAE

A scoop of vanilla ice-cream with strawberry topping or your choice of caramel or chocolate sauce. 4.25

### SLICE OF PIE

The best homestyle seasonal pie. Ask your server for today's choices. 7.00



### HE CHEESECAKE

Three scoops of creamy cheesecake filling finished with strawberry topping topped with a light graham crumb mix. 6.95  
Treat size 3.95



## DRINKS

### TEA 3.25

### HERBAL TEA

Ask your server for available selection. 3.50

### HOT CHOCOLATE

Rich and creamy topped with whipped cream and drizzled with chocolate sauce. 3.50

### JUICE

Apple, Orange, Cranberry Cocktail or Tomato.  
Regular (8 oz) 3.50 Humpty size (12 oz) 4.25

### WHITE OR CHOCOLATE MILK

Regular (8 oz) 3.50 Humpty size (12 oz) 4.25

### FLOAT

Ask your server about our great selections, all are finished with our creamy vanilla ice-cream. 4.50

### COCA-COLA FOUNTAIN DRINKS

Bottomless with meals. 3.75

### LEMONADE OR ICED TEA

Bottomless with meals. 3.95

### DASANI WATER 3.50

### MILKSHAKE

Rich, creamy hand-dipped vanilla ice-cream shakes with your choice of strawberry, chocolate or vanilla. 6.99



*But first  
dessert*



